Statement of Meeting the Requirements of Canon Law
For Being a Confirmation Sponsor

From the Catholic Church’s Code of Canon Law:

#893-1
To perform the role of sponsor [at Confirmation] it is necessary that a person fulfill the conditions mentioned in canon #874 [which outlines the requirements to serve as a Godparent at a baptism].

#874-1) to be admitted to the role of sponsor, a person must:
A) [if the person to be baptized is a minor] be designated by...the parents or the one who takes their place or, in their absence, by the pastor or minister
   [for persons over 18 years of age, the person to be confirmed may designate the person to be their sponsor] and have the qualifications and intention of performing this role;
B) have completed their sixteenth year;
C) be a Catholic who has been confirmed and has already received the sacrament of the Most Holy Eucharist and leads a life in harmony with the faith and the role to be undertaken;
   [This means that the Catholic person is a fully initiated catholic (having celebrated Baptism, Confirmation and First Eucharist) and actively practices their Christian faith in their way of life and in their participation in their Catholic parish and the sacraments of the Church.]
D) not be bound by any canonical penalty legitimately imposed or declared;
   [This means that if the intended sponsor is married, this marriage must be a recognized valid marriage in the Catholic Church. Catholics who are either civilly married, married by common law or living together are not in a valid Church marriage, and thus, by law, have a canonical penalty imposed upon them. The penalty is that the person may not participate in the full sacramental life of the Church. Specifically, they may not receive communion, nor may they act as a godparent at Baptism or as a sponsor at Confirmation. Therefore, if you are married outside of the Catholic Church, you do not meet the requirements for being admitted to the role of Confirmation Sponsor.]
E) not be the father or the mother of the one to be baptized / confirmed.

I _______________________________ have read and do understand the requirements
(Print full name)
for serving as a sponsor at Confirmation in the Catholic Church. I do solemnly swear that I am a fully initiated Catholic; that I practice my faith in the way I live and through participation in my parish and the sacraments of the Church; and that, if married, my marriage is recognized by the Catholic Church as a valid sacramental marriage. Therefore, I am eligible to be admitted to the role of sponsor.

______________________________  __________________
(Signature)  (Date)

_____________________________
(Name of Confirmation Candidate)